

## *A brief history of two groups...*

**Poly Cocktails** was started in 2007 to celebrate Valentine's Day, by three polyamorous activists and friends as a way to create a social outlet for the local poly community in New York City. From a small crowd at their first event, held at Madame X in Soho, Poly Cocktails has grown to become the largest regular social gathering in New York. The event will celebrate its 10<sup>th</sup> anniversary in 2017, and (schedule permitting) is held the second Monday of every month.

**Open Love NY** was founded in February 2009 by several volunteers within the New York polyamory community who recognized the need for a member-driven support and education group that is open to all polyamorous, poly-curious and poly-friendly people, regardless of sexual orientation. Every fourth Tuesday (schedule permitting) OLNy holds a discussion group event, led by prominent leaders and thinkers in the poly community, both locally and nationally. OLNy also serves to promote and support member-led events throughout the year.

OLNY blogs at *Poly Wanna Answer?* ([openloveny.com/blog](http://openloveny.com/blog)) where readers can get confidential relationship advice from the polyamorous perspective.

## *Officers and Organizing Committee*

### **Poly Cocktails Founders**

**O Man, Diva & Diana Adams**

### **Poly Cocktails Organizers/Hosts**

**O Man**  
**Andy Eye**  
**Rocket**  
**Jessica**  
**Lisa**  
**Chrissy Raymond Holman**

### **Open Love NY Officers**

**Chrissy Raymond Holman**, President  
**Mischa Lin**, VP & Director of Communications  
**Buck Lawrence**, Treasurer  
**Jon Zarantonello**, Assistant Treasurer  
**Margot Garnick**, Director of Membership  
**Ben Silver**, Assistant Director of Membership  
**Executive Committee:** O Man, Kyle E Applegate & Mateo Arbelaez

**OpenLoveNY.com**

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**Blog: [openloveny.com/blog](http://openloveny.com/blog)**

## *Welcome to Poly Cocktails!*



Co-sponsored by:

*open love ny* 

## What is Polyamory?

Polyamory (derived from the Greek and Latin roots for “many loves”) is also known as ethical & responsible non-monogamy. In a polyamorous relationship, people can have meaningful emotional and/or physical relationships with multiple people simultaneously, with the full knowledge and consent of everyone involved.

There are as many forms of polyamory as there are people who practice it, but the main hallmarks are honesty, constant communication and emotional openness. In fact, many of the lessons learned from polyamory are applicable to traditional relationships as well. While there may be some overlap, polyamory is NOT the same as swinging or kink play. Polyamory does not imply any particular sexual behavior or rules; rather, it encourages people to explore and define their own rules in a way that makes sense to them, and respects the needs and desires of all parties involved.

While polyamory may not have set rules, Poly Cocktails does (see **House Rules**). Look for hosts wearing lights if you have questions or to report any problems or issues.



Open Love NY Treasurer Buck Lawrence & Poly Cocktails founders Diana Adams & O Man celebrate the merger of Poly Cocktails & Open Love NY in 2010

### Media Policy

Poly Cocktails is a safe space and no media, producers, interviewers, or researchers will be allowed to attend in a professional capacity, escorted or not. Any attendees who are approached by the media at Poly Cocktails should report them immediately to a host, who will ask the media person and the person(s) who brought them to Poly Cocktails to leave. No media interviews will be granted at Poly Cocktails, nor will Open Love NY arrange meetings with media at Poly Cocktails. Open Love NY will strive to accommodate media requests at other functions, at neutral locations, or by phone/email. All media contacts should be directed to [media@openloveny.com](mailto:media@openloveny.com) for handling.

## Poly Cocktails House Rules

**Learn** – Poly Cocktails is for learning about polyamory and developing friendships and connections. It is not a play space. No nudity, kink, or sex play is permitted at the event.

**Open communications** – Poly Cocktails is a place to exercise open communications with intention, foster interactive dialogue, facilitate trust, develop your listening skills, and give and receive support.

**Verbal Consent** – We encourage everyone to obtain verbal consent and explicit negotiations (as modeled at Cuddle Parties) before initiating physical contact (e.g. hugging).

**Expectations** – check them at the door! Interest in polyamory does not signal sexual availability or indicate sexual orientation.

**Respectful behavior** toward hosts and guests is required.

**Safe Space** – Poly Cocktails is safe space for all sexual orientations and gender/kink identities, as well as those who identify as monogamous. No photography, video or recording of any kind is allowed without prior verbal consent of all parties involved.